

Vdara™

VDARA HEALTH & BEAUTY, AN INTIMATE SPA FOCUSED ON HOLISTIC HEALTH AND WELL-BEING

LAS VEGAS – [Vdara Hotel & Spa](#) at [CityCenter](#) introduces [Vdara Health & Beauty](#), a sensuous spa sanctuary that spotlights holistic health and well-being in an intimate environment. Vdara Health & Beauty is an 18,000-square-foot, two-level spa, salon and fitness center that celebrates the calming power of water. The spa presents a thoughtfully orchestrated journey, personalized to maximize each guest's experience.

Committed to sustainable luxury, Vdara Health & Beauty is the first Las Vegas spa in the Green Spa Network and only works with retail partners that share its concern for the environment. The spa also is committed to using organic or wild-crafted, paraben-free products; the use of a recycling program and recycled paper for spa materials; and natural nail services using a vegan treatment line.

Vdara Health & Beauty's personalized service is available to all. For spa and salon reservations, call (866) 391-7111 or (702) 590-2030. Daily hours of operation for the spa and fitness center are 6 a.m. – 8 p.m. and 9 a.m. – 7 p.m. for the salon and Champagne Bar. All are open to the public seven days a week.

SPA ELEMENTS

Design

- Guests have easy access to Vdara Health & Beauty; the elevator opens directly into the spa reception area on the second level of the hotel. As guests enter, they are welcomed by a two-story waterfall comprised of shimmering strings of beads that glisten as water cascades down them into the reflective pool below. Sapele wood floors with mink marble and river-stone floor accents create a sleek look throughout the space.
- Each level of the spa expresses a distinct atmosphere laced with luxury. The first level is a light, social space where patrons can mingle in the main reception lobby, enter the fitness center and salon, browse the spa boutique or enjoy a glass of bubbly at the Champagne Bar. The wellness spa on the second level inspires a calm and soothing energy.

Wellness Spa

- Vdara Health & Beauty's wellness spa features 11 private treatment rooms, men's and women's retreats, and serene lounges. As guests relax in their respective retreats, they can unwind with a selection of herbal teas and apothecary-infused water, and enjoy redwood saunas and eucalyptus steam rooms. Intimate lounges feature inviting soaking tubs and dramatic circular waterfalls that spill over into the pools of water.
- The Relaxation Lounge and Meditation Lounge each provide quiet getaways where guests can unwind amongst soothing water features and lighting. In the Meditation Lounge, a metallic mosaic sheathed in iridescent tones illuminates a curtain of water that flows behind a candlelit ledge.

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Spa Treatments

- Treatments are both classic and creative with a focus on holistic health and incorporate high-grade and organic ingredients derived from fruits, herbs, flowers, vegetables and oils. The spa menu is comprised of a variety of massages, body treatments and skin care services.
- Vdara Health & Beauty is the first resort spa in Las Vegas to launch Dr. Obagi's new line, ZO Skin Health, for facial services and home care. The philosophy of this line is to create change at the cellular level, to re-energize aging skin and constantly stimulate cellular function by saturating skin with stabilized retinol, advanced peptides and powerful antioxidants.
- Also featured at Vdara Health & Beauty, Naturopathica Holistic Health's signature products inspire healthy lifestyles through innovative natural products. The products contain no petroleum-based ingredients, artificial dyes or fragrances and all are fortified with the highest-quality therapeutic essential oils and herbs.
- Other spa treatment lines include Akhassa, Chocolate Sun, Red Flower and Peter Thomas Roth.

Salon Services

- The salon at Vdara Health & Beauty boasts a full menu of services for men and women including professional hair design, spa manicures and pedicures, and makeup artistry. Professional hair care products from Moroccanoil and Kérastase offer a variety of options for conditioning treatments and styling.
- Aveda also is included as one of the lush options for hair treatment. Aveda was founded with the goal of providing beauty industry professionals with high-performance, botanically based products that are better for guests and the planet. Aveda is one of the largest purchasers of organic ingredients in the personal care industry.
- SpaRitual, renowned for its eco-friendly products, is Vdara Health & Beauty's nail care line. SpaRitual has developed a collection of sophisticated nail elixirs to nourish cuticles, build strong nails and establish a flawless environment for color. SpaRitual is first in its industry to offer DBP, formaldehyde and toluene-free nail elixirs, as well as spa treatment line of vegan nail care products.
- Makeup artistry incorporates BeingTRUE cosmetics, truly modern makeup that features ideal color palettes for every skin tone and promises all-day flawlessness. Surpassing the long-acknowledged benefits of traditional mineral makeup, BeingTRUE offers additional aging defense with super antioxidant Idebenone.

Fitness Center

- A variety of cardio equipment with individual entertainment centers, exercise machines and free weights are available in the fitness center. Fitness classes include strength training and yoga, with personal trainers and yoga instructors available for individual or group instruction. A registered dietician also is available for nutritional consultation.

Champagne Bar

- Located in the lobby of Vdara Health & Beauty, the Champagne Bar includes a thoughtful selection of champagne and wine for guests to enjoy while relaxing in the lobby or experiencing a manicure, pedicure or hair service in the salon.

Spa Boutique

- The spa boutique carries a discerning selection of products that support the spa lifestyle including wellness books; skin, hair, sun, bath and body products; cosmetics, and apparel. To complement the spa treatment menu, products from Akhassa, Aveda, BeingTRUE, Chocolate Sun, Moroccanoil, Naturopathica, SpaRitual, Kérastase, Peter Thomas Roth, Red Flower and ZO Skin Health also are available for purchase.

Spa Cabanas at Vdara Pool & Lounge

- Guests also are able to enjoy spa treatments poolside at [Vdara Pool & Lounge](#), located on Vdara's third level. Vdara Pool & Lounge boasts six spa cabanas with interior seating, outdoor chaise lounges and semi-private plunge pools. Poolside spa treatments feature Akhassa, a line inspired by spa rituals from Thailand with properties of lemongrass, Kaffir lime, jasmine and hibiscus flower. Spa cabana rentals are available seasonally.

Vdara is an all-suite hotel and spa designed for those who love the excitement of Las Vegas but prefer to enjoy it in an exclusive, non-gaming and smoke-free environment. Solidifying CityCenter's commitment to [sustainability](#), Vdara has achieved LEED® Gold certification by the U.S. Green Building Council. Designed by [RV Architecture, LLC](#), led by Rafael Viñoly, Vdara's distinctive crescent shape and unique skin of patterned glass creates one of the most striking design statements in the city. Physically connected to Bellagio's Spa Tower and adjacent to [ARIA Resort & Casino](#), Vdara offers access to all of the [entertainment](#), gaming, [shopping](#), [dining](#) and nightlife at CityCenter and throughout Las Vegas, while also providing a retreat from it all.

Vdara is located at [CityCenter](#), an unprecedented urban metropolis on the Las Vegas Strip. Nightly rates range from \$149 to \$2,000. Reservations are available via www.vdara.com or (866) 745-7767.

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